

## WORKSHEETS AND SCRIPTURES

These worksheets are taken from the book Our Hands His Healing and form part of the section on Pastoral Prayer Ministry. Sheets may be printed and given to the person coming for prayer ministry to work on between sessions.

All scriptures are taken from NIV unless otherwise stated.

### **REJECTION**

Jesus understands rejection (Isaiah 53:3). He was rejected by His own people when they were given the choice of Barabbas or Jesus to be crucified. They rejected Jesus.

On the cross Jesus felt the separation from His Father as He took the sin of the whole world on Himself, all the sin that ever was or will be committed. He cried out, "My God, my God, why have you forsaken me?" - Matthew 27:46

"He was despised and rejected by mankind, a man of suffering, and familiar with pain."  
Isaiah 53:3

"He heals the broken-hearted and binds up their wounds."  
Psalm 147:3

The first step is to acknowledge and release the pain of rejection. Then go on to grieve what you have lost. Give yourself permission. Then release the person/people who rejected you, by forgiving them. You will need to keep doing this until it doesn't hurt any more. The next step is accepting what has happened to you, every day asking Jesus to bring His healing.

"Receive your full acceptance from Jesus. You are significant to Him."  
Colossians 2:6

"Therefore, if anyone is in Christ, the new creation has come:[a] The old has gone, the new is here!"  
2 Corinthians 5:17

Let the truth sink in:

“Though my father and mother forsake me, the Lord will receive me.”  
Psalm 27:10

“I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.”  
Romans 8:38–39

God’s promises and words of comfort:

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, “He is my refuge and my fortress, my God, in whom I trust.”  
Psalm 91:1–2