

## WORKSHEETS AND SCRIPTURES

These worksheets are taken from the book Our Hands His Healing and form part of the section on Pastoral Prayer Ministry. Sheets may be printed and given to the person coming for prayer ministry to work on between sessions.

All scriptures are taken from NIV unless otherwise stated.

### LOSS

With any type of loss we may feel empty inside. Meditating on Scripture can fill that space with truth. In Scripture we are told that Jesus has many names. One of them He called Himself is “the Truth”. He said, “I am the way and the truth and the life” (John 14:6). We may know Him as our friend or our Lord. We can also get to know many more of His names. Jesus is the bread of life and that means we can feed on Him and His word. He is also the good shepherd who laid down His life for us, His sheep. He carries us when we are hurt, as a shepherd carries a lamb. Below are some Scriptures that will help fill that space as you read them and digest them, as you would good food.

With the following exercise take just one line of Scripture a day.

Look at Psalm 23 and meditate on it.

Take each word and take it in turns to emphasise it. It is a good way to learn and digest the verse. It can be very empowering.

**The** Lord is my shepherd The **Lord** is my shepherd The Lord **is** my shepherd The Lord is **my** shepherd The Lord is my **shepherd**

Continue through the whole psalm, saying it out loud. It is very comforting and has the effect of going inside you. The Lord can use Scripture in many different ways to bring healing and freedom. Jesus doesn't just speak the word; the Bible tells us that He is the Word.

## Scriptures

“...all the days ordained for me were written in your book before one of them came to be.”

Psalm 139:16

“Blessed are those who mourn, for they shall be comforted.”

Matthew 5:4

“He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.”

Revelation 21:4

“Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you.”

1 Peter 5:6–7

“My flesh and my heart may fail, but God is the strength of my heart and my portion forever.”

Psalm 73:26